

## CCC Local Degree Supporting Documents for Area E

### **Bakersfield:** - [Link](#)

Area 7 (4 units):

a) **Lifelong Learning and Understanding** (3 units)

b) **Kinesiology movement-based course** (1 unit)

Bakersfield College [Senate Resolution](#)

### **Fresno City College:** - [Link](#)

**Lifetime Wellness** (5 units - 1 course from E.1 and E.2):

**E.1. PE &/Or Dance:** (waived for Veterans, P.O.S.T. Basic Academy, or Basic Fire Academy Graduates)

Developmental Services 50, 51, 52, 53, 54, 55

Dance 7, 8A, 8B, 9, 10A, 10B, 12A, 12B, 13A, 13B, 14, 15, 16, 17A, 17B, 18, 20A, 20B, 21, 22, 27A, 27B, 28A, 28B, 29, 31, 32, 41, 42. Physical Education 4, 4B, 5, 6, 7, 8, 12, 12B, 13, 13B, 14, 14B, 15A, 15B, 15C, 17, 17B, 27, 29B, 29C, 30B, 30 C, 31B, 31C, 32B, 33B, 33C, 34B, 34C, 35B, 36B, 36C, 37B, 37C, 38B, 38C, 39B, 39C, 40B, 40C, 41B, 41C, 42B, 42C, 43B, 43C, 44B, 44C, 45, 46B, 46C, 47B, 47C, 71, 72

**E.2. Lifetime Skills:** Allied Health 1 Business Administration 30 Child Development 30, 38, 39 Counseling 53 Food and Nutrition 35, 40 Health 1 Human Services 10, 44 Psychology 2/2H, 25, 33, 38, 39

Sociology 5, 7, 10, 31, 32. Women's Studies 5, 7

### **Monterey Peninsula** - [Link](#)

Area 7 - **Self Development:** Courses in this area promote lifelong learning and self-development. The knowledge gained from these courses assists students to function independently and effectively in a continual process of personal growth.

Area 7.1: **Wellness**

Area 7.2: **Career Exploration**

### **Alan Hancock** - [Link](#)

Area 7 **Living Skills** (3 units): Administration of Justice 105, Business 130, Communications Studies 103, Culinary Arts 120, Early Childhood Studies 102, 114, Economics 130, Emergency Medical Services 102, Family and Consumer Sciences 120, 130, 131, Food Science and Nutrition 109, 112, Health Education 100, Human Services 106, 110, Leadership 111, Personal Development 100, 101, 102, Psychology 106, 112, 113, 118, Sociology 106, 110

Graduation Requirement: **Health and Wellness** (3.5 units) Two courses required. Select one course from each of the following areas: PHYSICAL ACTIVITY and HEALTH EDUCATION or FIRST AID SAFETY.

**Rio Hondo College** - [Link](#)

2 PE or Dance Classes

**Pasadena City College** - [Link](#)

**Lifelong Learning and Self-development**

Biology 003, College 001, Counseling 012, 017, Dance 003-015D, 022A-023, 026, Health Education 002A, 003, 044, 050, 051, 052, Kinesiology Activity 003A-082B, Kinesiology Athletics 007-099, Kinesiology Theory 014, Music 061, Nursing 050, 051A, 052A, 053, Nutrition 011, 025, Physiology 001

**College of the Canyons** - [Link](#)

**PHYSICAL EDUCATION and WELLNESS** – Minimum 2 semester or 3 quarter units

Physical Education activity (KPEA or KPEI); DANCE activity courses (except DANCE 100); HLHSCI 100, 149, 150, 243\*; REC 120, 121, 122, 123, 124

**Las Positas** - [Link](#)

**Area V. Wellness** (4 units total 1 class from Kinesiology, 1 class from Health)

**Butte** - [Link](#)

**Area F Self Integration and Kinesiology** - 3 units

**Glendale Community College** - [Link](#)

**HEALTH:** Three semester units of community and personal hygiene are required. Health 104, 106; or equivalent will satisfy this requirement.

**PHYSICAL EDUCATION:** Two semester units of physical education activity classes and/or dance activity classes must be completed unless exempted by established policy.

**FIRST AID:** One semester unit in first aid and CPR is required. Health 101, 102; Emergency Medical Technology 140.

**Feather River** - [Link](#)

**Area F: Health and Exercise Studies** - 1 unit

## ASCCC Resolutions in Support of Area E

### [Addressing the Health and Well-being Crisis Among California's Community College Students | ASCCC](#)

(Fall 2023, 17.04)

Resolved, That the Academic Senate for California Community Colleges acknowledge and work to address the current crisis in the physical health and mental well-being of California community college students; and

Resolved, That the Academic Senate for California Community Colleges encourage local academic senates to initiate, reinstate, or maintain kinesiology, physical education and health education courses in local general education requirements for associate degrees to ensure that California community college students have the benefit of education in critical areas that affect their academic success, health, and well-being.

### [Include Lifelong Learning and Self-Development as a Graduation and General Education Requirement | ASCCC](#) (Spring 2023 15.02)

Resolved, That the Academic Senate of the California Community Colleges encourage California community colleges to include lifelong learning self-development courses in local general education requirements for associate degrees to ensure that California community college students have the benefit of education in critical areas that affect their academic success, health, and well-being.

### [Reaffirming the Mission and Vision of the California Community Colleges | ASCCC](#) (Fall 2022 07.14)

Resolved, That the Academic Senate for the California Community Colleges work with the California Community Colleges Chancellor's Office and the California Community Colleges Board of Governors to reaffirm its mission and values, vowing to put students first;

Resolved, That the Academic Senate for the California Community Colleges work with the California Community Colleges Chancellor's Office and California Community Colleges Board of Governors to ensure that California community colleges provide access to students, particularly as it relates to Lifelong Learning and Self-Development and Language Other Than English; and

Resolved, That the Academic Senate for the California Community Colleges call upon the California Community Colleges Chancellor's Office and the Intersegmental Committee of the Academic Senates to recognize the benefits of the community colleges, including their relative affordability, and work to preserve open access to students at the California community colleges.

