Presented by Tara Johnson, Area 8 Senator & Adapted P.E. Program Coordinator & Disability Specialist

Senators are asked to approve by consent the following change as also represented the attached PDF Adapted Physical Education Disciplines List 26 September 2024

The discipline faculty of the Statewide CCC Adapted Physical Education Programs along with the California Association of Post-Secondary Education and Disability (CAPED) have forwarded a proposal to revise minimum qualifications for Physical Education (Adapted) on the Disciplines List.

Proposed changes for Disciplines List: Physical Education (Adapted)

Masters or higher in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, or adaptive <u>adapted</u> physical education OR

Bachelors in any of the above AND masters in any life science, dance, physiology, health education, recreation administration or physical therapy

OR

The equivalent

AND

15 semester units of upper division or graduate study in <u>related to</u> adapted physical education.

The change will:

- Increase the range of coursework titles to be considered in screening.
- Accelerate the selection, interview & hiring process.
- Reduce the burden on equivalency committee members.
- Have potential to increase the number and diversity of applicants.
- Allow for greater variety of coursework to enhance the student experience.

There is also a minor correction of the term adaptive to adapted "as the terms cannot be used interchangeably to mean the same thing. They refer to different relations to physical activity. The former means physical activity that has already been adapted or modified in order to fit the new circumstance, while the latter refers to physical activity causing a modification". Adapted Physical Activity Quarterly, 2016, 33, 109-112.

Any questions or concerns may be directed to: Tara J. Johnson Disability Specialist/Adapted P.E. Program Coordinator Co-Chair, CAPED Adapted P.E. Interest Group <u>Tjohnson2@santarosa.edu</u>



REVISIONS TO DISCIPLINES LIST FORM PLEASE TYPE

(Note: Only typed forms will be accepted.)

DATE SUBMITTED: Sept. 26, 2024

DISCIPLINES LIST TITLE: Physical Education (Adapted)

This proposal is for a

New discipline Revision to existing discipline

Reason for the proposal

Create a new discipline Update language in existing discipline to reflect new terminology

Make minimum qualifications in existing discipline more restrictive Make minimum qualifications in existing discipline less restrictive

PROPOSAL LANGUAGE: (If this is an existing minimum qualification, please include the original language and change using strikeouts and *italics*).

Masters or higher in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, *adaptive* adapt<u>ed</u> physical education OR

Bachelors in any of the above AND masters in any life science, dance, physiology, health education, recreation administration or physical therapy

OR

the equivalent

AND

15 semester units of upper division or graduate study-in related to adapted physical education

PROPOSAL EVIDENCE:

Any Disciplines List proposal must have the following evidence, which is essential because it provides the rationale about why the change is needed as well as inform the field that the research has been completed to ensure that the change is necessary. <u>A lack of documentation about the need of Discipline List Revision may cause the proposal to be delayed or rejected by the Executive Committee.</u> Please use the following check list to ensure all you have conducted all necessary research.

Required investigation of the following and statement of findings:

Contacted an associated professional organization to determine support of proposal

Included evidence of degrees within the proposed revision of the discipline or new discipline.

- Provided a list of the titles of the degrees and programs to document the need for a new or revised discipline using the below criteria:
 - Minimum of three degrees
 - Regionally accredited institutions (all public institutions in California)
 - Disciplines in the Master's List requires evidence of the availability of masters degrees
 - Disciplines in the Non-masters List requires evidence of the availability of degree, certification, and/or professional experience, if necessary

Provided statewide need documented by evidence to show a change is necessary and not merely a response to a unique need of one college, district or region. Demonstrated a balance of need across the state and included a discipline seconder from another district.



- Explained the impact of proposal across the state using a list the pro and con arguments and including refutation of the con arguments
- Provided other evidence such as significant changes to the field that requires a change to the Disciplines List.
- Provided a ½ page written rationale to be included in public documents.

SUBMISSION

Once a proposal is received by the ASCCC Office, it is reviewed by staff to ensure that all the information is complete and includes the revision, contact information, appropriate signatures and rationale. The ASCCC Office will also check to ensure that the proposal has not previously been considered and rejected by the delegates at a plenary session or, if it has, it is supported by a new rationale. The proposal is then sent to the S&P Chair to review the ASCCC Office information and to ensure that the proposal meets the initial requirements of the Disciplines List review process as well as to verify that the proposal is not being submitted to deal with a district-specific problem that does not apply broadly. If there are any concerns with the proposal, the S&P Chair, working with the S&P Committee, will immediately follow up with the initiator.

The contact person (or a designee) will be required to attend hearings where the proposal is presented. These hearings are typically held at the ASCCC plenary sessions. It should be noted that the contact person is responsible for investigating and documenting the need for changes to the Discipline List.

Please reference the Disciplines List Handbook for information about the process including the role of the initiator, the Standards and Practices Committee, the Executive Committee, and the delegates. This handbook can be found on our website at <u>http://asccc.org/disciplines-list</u>.

Contact person (author of proposal) <u>Tara J Johnson, Santa Rosa Junior College/Co-Chair CAPED APE CIG</u> Phone number (please provide at least two numbers) 707 527-4470, 707 540-4439 Email Tjohnson2@santarosa.edu

Seconder <u>Michael Bennett, Saddleback Community College/Co-Chair CAPED PE CIG</u> Phone number (please provide at least two numbers) (949) 582-4761, 949-939-4922 Email: <u>mbennett@saddleback.edu</u>

Signature of College Academic Senate President¹

College: Santa Rosa Junior College

Email jstover@santarosa.edu Date approved by College Academic Senate September 26, 2024

RETURN FORM TO:

The Academic Senate for California Community Colleges One Capitol Mall, Suite 230, Sacramento, CA 95814 Email: <u>disciplineslist@asccc.org</u>

¹ By signing this document, the Senate President is certifying that the required investigation and statement of findings have been sufficiently addressed.

WHY WE ARE PROPOSING THESE CHANGES:

The CCC Adapted Physical Education Programs have been active members of CAPED (California Association of Post Secondary Education and Disability) for nearly 50 years. The Adapted Physical Education CIG (CAPED Interest Group) has met at least monthly since spring 2020 to discuss a myriad of topics affecting our discipline and students. A frequently discussed issue has been the difficulty hiring Adapted Physical Education faculty due to the specificity of language in the minimum qualifications.

We are proposing two revisions to the restrictive language on the Disciplines List (DL) for Adapted Physical Education in order to staff our programs with qualified individuals (see Appendix A). First, fewer institutions are offering specific "Adapted Physical Education" courses. There are many other correlated coursework titles including; Exercise Physiology, Adapted Physical Activity, Recreation Management, Inclusive Recreation, Exercise Science with emphasis on Special Populations, Adapted Movement Specialization, Health Promotion, Health & Wellness, etc. Times change, language that identifies populations have evolved particularly for those with disabilities, and educational institutions have made adjustments as well. Some CCC Districts struggle to qualify their Adapted Physical Education faculty candidates for equivalency due to strict interpretation of the language in the minimum qualifications. This either blocks candidates from moving forward in the hiring process or significantly hinders and delays the process due to equivalency procedures. This directly affects our students and their success in our programs. Since the minimum qualifications for Adapted Physical Education are tied to those for Physical Education in Title 5, we are addressing the requirement about additional units which only applies to Adapted Physical Education faculty. The second revision is a minor correction of the term 'adaptive' to 'adapted' that should also be corrected in the Physical Education language on the DL. Per the Adapted Physical Activity Quarterly, 2016, 33, 109-112 "The terms adapted and adaptive cannot be used interchangeably to mean the same thing. They refer to different relations to physical activity. The former means physical activity that has already been adapted or modified in order to fit the new circumstance, while the latter refers to physical activity causing a modification." The error on the DL was probably a typo that was never caught. We have received robust endorsement from statewide Adapted Physical Education programs for these changes to the Disciplines List. The Contact, Tara J. Johnson of Santa Rosa Junior College, and the Seconder, Michael Bennet of Saddleback Community College, are the Co-Chairs of the statewide Adapted Physical Education Interest Group which includes all CCC's as well as some CSU's.

Impact of Proposal across the State:

PROS	
 Increases range of coursework titles to be considered in screening. Accelerates the selection, interview and hiring process. Reduces the burden on Equivalency committee members. Potential to increase the number and diversity of applicants. Allows for greater variety of coursework which enhances the student experience. 	

DEGREE INFORMATION:

California Adapted Physical Education Professional Preparation Programs:

- Azusa Pacific University
- California Baptist University
- California State Polytechnic University, Pomona
- California State University, Chico
- California State University, Fullerton
- California State University, Long Beach
- California State University, Los Angeles
- California State University, Northridge
- California State University, San Bernardino
- California State University, Sonoma
- Fresno Pacific University

Other institutions in the United States that offer degrees, tracks or specialization in "Adapted Physical Education":

- University of Wisconsin–La Crosse Provides a Master's degree in <u>Adapted Physical Education</u>.
- **Georgia State University** Provides a Master's degree in Physical Education with a specialization in Adapted Physical Education.
- University of Alabama
 Offers a Master's in Physical Education with an <u>Adapted Physical Education track</u>.
- Indiana University
 Provides a Master's in Physical Education with a specialization in Adapted Physical Education.
- University of Oregon
 Provides a Master's degree with a focus on Adapted Physical Education.
- Limestone University Offers a Bachelor's degree in Physical Education with an <u>emphasis on Adapted Physical Education</u>.
- University of South Carolina Provides a Master's in Physical Education with a <u>focus on Adapted Physical Education</u>.
- Texas A&M University Offers a Master's degree in Kinesiology with an <u>emphasis on Adapted Physical Education</u>.

Related coursework titles include:

- Exercise Physiology
- Adapted Physical Activity
- Recreation Management
- Inclusive Recreation
- Exercise Science with emphasis on Special Populations
- Adapted Movement Specialization
- Health Promotion
- Physical Therapy
- Psychology of Disability
- Orthopedic or Sports Therapy
- Health & Wellness

Institutions Offering Related Coursework:

Bachelor's Degrees:

Bachelor of Science in Kinesiology (Special Populations Emphasis)

- University of North Texas
- Southern Connecticut State University

Bachelor of Arts in Recreation Management (Inclusive Recreation Focus)

University of North Carolina at Greensboro

Master's Degrees:

Master of Science in Kinesiology (Adapted Physical Activity Concentration)

- o University of Virginia
- University of Oregon
- San Diego State University
- Cal Poly San Luis Obispo

Master of Science in Exercise Science (with a focus on Special Populations)

• Texas State University

Doctoral Degrees:

Doctor of Philosophy (PhD) in Kinesiology (Adapted Physical Activity)

- o Ohio State University
- University of Illinois at Urbana-Champaign

Physical Therapy programs:

Doctor of Physical Therapy (DPT)

The DPT is the standard degree required to practice as a physical therapist in the U.S.

University of Southern California (USC)

Duke University University of Pittsburgh Emory University University of North Carolina at Chapel Hill Washington University in St. Louis University of Florida Boston University Saint Louis University University of Iowa

Master's Degree in Physical Therapy (MPT)

Note: Most programs have transitioned to the DPT, but some universities may still offer a master's degree for specific pathways or transitional programs.

University of Maryland, Baltimore (Transitional MPT) Georgia State University (Transitional MPT)

Transitional Doctor of Physical Therapy (tDPT)

This program is designed for licensed physical therapists who hold a bachelor's or master's degree and want to transition to a DPT.

A.T. Still University University of Southern California (USC) University of North Dakota Baylor University

Certificate Programs

These programs can help current PTs specialize in certain areas or fulfill continuing education requirements.

University of St. Augustine for Health Sciences (various certifications)

Arcadia University (certificates in areas like orthopedic or sports physical therapy)

Additional Programs

Some universities may offer dual degree programs or specializations, such as:

DPT/PhD Programs

- University of Illinois at Chicago
- University of Pittsburgh
- DPT/MBA Programs
- University of Southern California
- Duke University

RATIONALE FOR CHANGES (for public documents):

We are proposing revisions to the restrictive language on the Disciplines List for Adapted Physical Education in order to staff our programs with qualified individuals. A growing number of institutions are offering correlated coursework with titles other than "Adapted Physical Education". These related coursework titles would be embraced with these revisions. Times change and language that identifies populations have evolved particularly for those with disabilities. Educational institutions have made modifications as well. Many CCC Districts struggle to qualify their Adapted Physical Education faculty candidates for equivalency due to strict interpretation of the language in the minimum qualifications. This either blocks candidates from moving forward in the hiring process or significantly hinders and delays the process due to equivalency procedures. This directly affects our students and their success in our programs. These changes will expand eligible coursework without the need for equivalency and increase the number and diversity of applicants. We have received robust endorsement from the statewide Adapted Physical Education programs for these changes to the Disciplines List.

Revisions for Adapted PE Minimum Qualifications in Title 5 & Disciplines List:

<u>TITLE 5:</u>

§ 53414. Minimum Qualifications for Disabled Students Programs and Services Employees.
 (b) The minimum requirements for service as a community college faculty member teaching a credit course in adapted physical education shall be the minimum qualifications for an instructor of credit physical education, and fifteen

semester units of upper division or graduate study in <u>related to</u> adapted physical education.

DISCIPLINES LIST:

	Master's in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise or adaptive <u>adapted</u> physical education
	OR
Physical Education	Bachelor's in any of the above
	AND
	Master's in any life science, dance, physiology, health education, recreation administration or physical therapy
	OR the equivalent

	Master's in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise or adaptive <u>adapted</u> physical education
	OR
Physical	Bachelor's in any of the above
Education (Adapted)	AND
	Master's in any life science, dance, physiology, health education, recreation administration or physical therapy
	OR the equivalent
	AND 15 semester units of upper division or graduate study in <u>related to</u> adapted physical education



Officer's Council 2023-2024 Edina Rutland, President Adam Gottdank, President-Elect Nathaniel Rice, VP Interest Group Emmy Madrid, Secretary Krystle Taylor, VP Committees Nicole Smith, Past President Dawn Decker, Treasurer Courtnie Voet, Executive Assistant

Address: 19197 Golden Valley Rd #521 Santa Clarita, CA 91387 ~ Telephone: 909.660.2596 ~ Email: Fiscal.caped@gmail.com

Date: 10/01/2024

Dear Committee Members:

The California Association of Post-Secondary Education and Disability (CAPED) fully supports the proposal by the Adapted Physical Education CAPED Interest Group to revise language in existing discipline and make minimum qualifications in existing discipline less restrictive. This change will provide for an increased range of coursework titles to be considered for potential Adapted P.E. faculty, reduce the burden on CCC District Equivalency Committees and accelerate screening processes.

Per Title 5, Adapted Physical Education minimum qualifications must be consistent with the Physical Education discipline and also hold upper division units in the specific category of "Adapted Physical Education". Over time, a greater variety of coursework titles related to adapted physical education have evolved and should be included without equivalency measures.

Additionally, we support the correction to the language edit on the Disciplines List from 'Adaptive to Adapted' which is the appropriate term for the discipline.

We thank you for your consideration of this proposal.

Sincerely,

Edina Rutland, Ph.D. CAPED President